



## NEW PROGRAM! PARALYMPIC SPORT NORTHWEST



### **SWEET DEAL! First 10 participants to RSVP are FREE!\***

Come try Outdoors for All newest program! Paralympic Sport Northwest\*, a program of Outdoors for All, is inviting participants and their instructors to join us and try out the exciting world of ski racing on Saturday night's at Summit West. Check out the sweet deal below!

\*All other participants \$30. All Volunteer Instructors FREE!

**Location:** Summit West

**Time:** 7 – 9pm (come early and enjoy Saturday night Potluck from 6 – 7pm)

**Dates:** Jan 23, Jan 30, Feb 6, Feb 13, and Feb 20. (Limited to one day per individual)

#### **RSVP Required:**

Limited space available. RSVP to [johnstevenson@outdoorsforall.org](mailto:johnstevenson@outdoorsforall.org) or 206.838.6030 x210

**\*Note:** Outdoors for All is a ParalympicsSport Club, one of about one hundred across the country. Being a Paralympic Sport Club, we follow the parameters set out by the US Paralympics Committee.

#### ***Participants attending events must meet the criteria listed below which is required by Paralympic Sport Clubs:***

1. Paralympic alpine skiing competition is open to male and female athletes with physical disabilities such as amputation, blindness/visual impairment, spinal cord injury/wheelchair-users and cerebral palsy/brain injury/stroke.
2. Participants will be fairly independent on the ski hill. Help from an individual volunteer is expected, but only as occasional help with loading, offloading and occasional falls