



SUCCESS STORY

INTERNS TRANSFORM LIVES

Outdoors for All offers internships throughout the year. These interns provide terrific assistance to us as we pursue our mission to enrich the quality of life for children and adults with disabilities through outdoor recreation. The interns themselves gain valuable experience in delivering various adaptive therapeutic recreation programs and knowledge of our other business operations.

One of our summer 2009 Recreation Therapy interns is Dan Retailiau, who recently helped out at a Lake Sammamish Demo Day where we featured adaptive cycling and kayaking. Here's what one Demo Day participant, Mary Lynn Vance who has Multiple Sclerosis had to say about the day and Dan's help:

I'm happy to give Outdoors for All and Dan an excellent report! I have wanted to try kayaking for a long time. It always looked like fun, and a physical therapist once told me that she thought I could do it -- although that was when I was still walking.

I wondered how would I get in and out of the kayak -- with my husband Tom's help? Would my torso and arms be strong enough to sit and to paddle?

Dan showed us how and gave me a secure and fun kayak demo -- getting me in and out, making my legs and torso comfortable, putting on the PFD, showing me how to paddle, explaining the stability of different types of kayak hulls, and giving me a little tour of the lake and water lilies on a beautiful day. It could not have been better!

My husband and I feel prepared to enjoy kayaking in the future. Dan will be a great Recreational Therapist. And he could not have found a better internship than at Outdoors for All! With many, many thanks

-- Mary Lynn Vance

This summer, in this 30th anniversary year, we're busier than ever as we pursue our mission to enrich the quality of life for children and adults with disabilities. Thanks to dedicated interns like Dan, many volunteers and staff, we're currently delivering: inclusive recreation day camps, custom events in communities from Spokane to Bellingham (and lots of locales in between), water skiing and camping excursions to Banks Lake, equipment rentals, assessments and private lessons...and Demo Days.

Outdoors for All Recreation Therapy Intern Dan Retailiau assists Participant Mary Lynn Vance to explore kayaking on Lake Sammamish.



To our many supporters who help make all of these various life-enriching recreation programs possible, thank you.

In today's troubling economic times, we rely on the support of hundreds of contributors. Now more than ever children and adults with disabilities are

counting on us -- and on you, for your consideration of a contribution to support of our mission.

You can donate on-line by visiting our website and clicking on the "Give" button or by going directly to our giving page: www.outdoorsforall.org/donate.html

To those who are currently Outdoors for All supporters, thank you. To those who today will consider making a contribution to support our mission-- and especially to assist participants like Mary Lynn -- thank you!

Sincerely,

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To get involved as a participant, intern or volunteer with Outdoors for All, give us a call: 206.838.6030 or email info@outdoorsforall.org